

Hello Weston,

As you may know, the Town of Weston will receive a limited supply of rapid, at-home Covid test kits from the State of Connecticut. The Town plans to distribute kits to the public this week. Below are the details.

- When: Friday, December 31, from 10-11:30am.
- Where: The Weston Intermediate School parking circle.
- Residency requirement: Please bring proof of Weston residency.
- Limited Supply: Each residence will receive up to two kits. The kits will be distributed on a first come first serve basis.

The State of Connecticut has communicated to the Town of Weston that it is planning to distribute kits to school age children after the first of the year. In addition, test kits are expected to be provided to the general public in January from Federal resources.

With this new testing initiative roll-out, we want to be sure you are aware of testing and Isolation/Quarantine Protocols.

Guidance for Self-Testing results from the Aspetuck Health Department (formerly Westport Weston Health Department):

- A positive self-test result means the test detected a virus, and you are likely to have an infection and should stay home, inform any close contacts, and wear a mask if you have contact with others, and avoid indoor gatherings. Please follow the CDC isolation guidelines: <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html> and see the below.
- A negative test result means that the test did not detect the virus and you may not have an infection, but it does not rule out infection. Repeating the test within a few days, with at least 24-hours between tests, will increase confidence that you are not infected.
- Self-test results do not need to be reported to the local health department; however, it cannot be stressed enough that individuals must follow through with informing close contacts of positive findings. If your child tests positive for COVID-19 or has been exposed during the school vacation, please email District Nursing Supervisor Sheryl Zulkeski at sherylzulkeski@westonps.org. When school is in session, parents should contact the nurse at their child's particular school.

Isolation | Quarantine Guidelines:

It is critical for everyone to understand the new CDC Guidelines for Isolation and Quarantine. Isolation guidelines are to be followed for anyone who tests positive for COVID-19, regardless of an individual's vaccination status.

Quarantine guidelines are to be followed for those who have been exposed to someone infected with COVID-19 and there are differences based on an individual's vaccination status. Please utilize the table below in determining what protective measures you should utilize.

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status must:

- Stay Home for 5 Days
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house
- Continue to wear a mask around others for 5 additional days
- *If you have a fever, continue to stay home until your fever resolves*

If You Were Exposed to Someone with Covid-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the Primary series of J&J vaccine within the last 2 months, then do the following:

- Wear a mask around others for 10 days
- Test on day 5, if possible
- *If you develop symptoms get a test and stay home*

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated, then do the following:

- Stay Home for 5 Days. After that continue to wear a mask around others for 5 additional days
- If you can't quarantine you must wear a mask for 10 days
- Test on day 5 if possible
- *If you develop symptoms get a test and stay home*

We will keep you updated about this new surge and reminders about changing protocols. Thank you for working with us and for each other.

With gratitude,

Samantha Nestor
First Selectwoman