

Weston Local Resources

There are many local and regional resources to help youth and families.

We're here for you.

- ADAP of Weston
 - Youth Wellness Council for 9-12 graders
- Weston Youth Services: support, education, resources, email: lcclery@westonct.org
- Weston Social Services: financial need & resources.
- Weston Public Schools: School administration and support staff are great resources for parents and teens. Reach out to your child's school. District office: 203-221-6550
- Weston Police Department: Weston police have a resource officer in WMS and WHS. They can be reached via the school or Weston PD to offer resources re: internet safety and more. 203-222-2600
- Sign up for the Town of Weston Everbridge emergency and community alert system [HERE](#)



Regional Help Resources:

- The Hub: Behavioral Health Action Organization for Southwestern CT: Resources, events and community trainings related to suicide prevention, substance use prevention and mental health & wellness.
- The Child and Family Guidance Center: (Bridgeport & Stratford) Behavioral health, parent support, youth crisis response: 203-394-6529
- Adult Mobile Crisis Action Line: for adults, 24/7: 1-800-HOPE-135 (1-800.467.3135)
- Youth Mobile Crisis: Dial 2-1-1 for Emergency mobile mental health crisis involving youth
- Turning Point CT: "mission to empower teens and young adults in their search for emotional and mental health." Resources, connection, stories.
- National Alliance on Mental Illness (NAMI CT): Support Groups, advocacy, resources for people with mental illness and their loved ones: (860) 882-0236
- The Rowan Center: A sexual assault resource agency: 24/7 sexual assault crisis hotline 888-999-5545/counseling, advocacy, support groups.