

Marijuana 101 for parents

“The most critical issue for teens is that THC disrupts the development of neural pathways.”

— **Frances E. Jensen, *The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents***

Marijuana is not a benign drug for teens. The developing teen brain is vulnerable to addiction and impairment from any drug use. There is also evidence that regular marijuana use may contribute to the development of serious mental health disorders.

For more about the unique risks that marijuana poses to teens: AACAP [Marijuana and Teens](#)

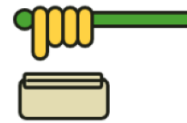
Talking about marijuana with teens can be complicated. There are specific dangers related to marijuana concentrates and edibles. Here is some helpful information for parents to understand the risks and have the conversations:

- [Marijuana: What You Need to Know to Help Protect Children, Teens and Young Adults](#)
- [How to Talk About Marijuana](#)
- [Partnership to End Addiction: Marijuana Talk Kit](#)
- [What do Parents Need to Know about Edibles, Ask Lisa podcast](#)

Ways Marijuana is Used: A Guide for Parents



smoking



dabbing



vaping



edibles



topicals



tinctures

CT Marijuana Laws – July 2021

But mom, it's legal!

Nope! Marijuana use remains illegal for persons under 21 years of age.

CT Senate Bill 1201 was signed into law in June 2021 legalizing recreational marijuana in the State of CT [Find details of the law at ct.gov](#) Marijuana remains illegal for people under 21