Commission on Children & Youth

Monday, April 20th, 2020 Agenda

5:30 PM - 6:30 PM

Virtual Google Meet

- 1. Call to Order
- 2. Approval of minutes for February meeting.
- 3. Member check-in: How are you and what do you notice?
- 3. Reports as needed:
 - Social Services (Alison)
 - WOW report (Charlene)
 - WYS update (Laura)
 - WHS students (Bridget, Knox, Emma)
 - NAMI liaison (Jane H.)
 - School Liaisons:
 - HES (Charlene)
 - o WIS (Michele T.)
 - o WMS (Michele A.)
 - WHS (Hilary)
 - o BOE (Denise)
- 6.. New ideas/discussion
- 9. For the good of the order
- 10. Adjournment

Youth Services Update

From Laura:

Ongoing and upcoming programs:

Youth Mini Grants for WMS and WHS students: Youth Mini grants are still open. We just awarded a grant for Weston Against Cancer.

Parent support groups: Kristen Ancker and I have been doing a weekly parent support group for preschool parents at St. Frances, with the help of their Director, Marianne Keith. We plan to offer this type of remote small group support to the general community and see if there's interest.

Collaborative Problem Solving This 5 week group for parents of kids with challenging behaviors was scheduled for Tuesdays in March. We finished it remotely. We started with 12 parents and ended on a March 31st Zoom with 6 attending consistently.

.Covid-19 resources: We have updated out Westonyouthservices.org website with two new pages- one for calming and coping resources and one for Remote Help Resources. We're also sharing resources and information on FB regularly. We are also contributing to the Town of Weston's new Everbridge Covid-19 newsletter.

Many of our planned or in-the-planning process programs and events are canceled or on hold-including the family dinner project, Kindergarten Ice Cream Social, and MS transition program.

From Charlene:

Thanks to Charlene's hard work, we are offering virtuall Spring WOW! Classes beginning the week of April 27th through the week of May 25^{t.} Not every WOW! Instructor is able to offer a virtual class but we have many dedicated and creative instructors. Online Registration Opens Wednesday, April 15th at 10:01 p.m.