



HES & WIS: RISE & SHINE- BEFORE SCHOOL FUN!

Rise and shine, sleepyheads! Mr. Halgren and Mrs. Klein are throwing a morning shindig and you're invited! Get your blood pumping and kickstart your day with some indoor and outdoor fun (weather permitting) every weekday from 7:30-8:15 AM. This month-long program is perfect for energetic kiddos in grades **K-5**.

Here's the deal: Don't be tardy to the party! Arrive by 7:45 AM at the HES front door to join the fun. Don't snooze and lose, cause once that door shuts, it's game over! Missed days won't be refunded, so make every morning count!



westonct.gov/parksandrec

After School Programs: Hurlbutt

Hurlbutt Sports & Fitness

An Engaging Course That Blends Traditional PE Programs with unique Activities. Our course offers a well-rounded curriculum that incorporates some of the best aspects of school PE programs, along with a host of distinctive activities. Athletes will face both individual and team challenges, as well as enjoy a warm-up period where they can choose from a range of activities. Each session includes a structured event that encourages effort and, of course, laughter.

Time: 3:15-4:30

Location: North House Gym/North House Playground

All Days: K-2

Tuesday- 1/16-3/12 Wednesday- 1/17-3/20

Instructor: Wyatt Halgren & Cathy Klein

Fees: \$210-8 classes

Thursday-1/25-3/28

Unleash your child's inner wild child with our after-school program, where kiddos rediscover the long-lost art of "Free Play". After a long day of pencils and books, our program offers a space where kids can let their imaginations run wild and create their own games, use equipment in unique ways, and team up with others to make magic happen. Studies have shown that "Free Play" boosts creativity, encourages problem-solving, and helps foster friendships, all while giving kids the physical activity they need to thrive!

Powerful Play

Friday- 2/16-4/12 Fee: \$135 for 5 classes 3:15-4:30 Instructor: Kevin Guertin

Location: North House Gym *Program roster space is limited- do not wait*

Move and Learn

Join Ms. V and Mrs. Villepigue as we release some energy and improve our reading and math skills with fun games and activities. We will divide the students into groups based upon their instructional needs to help them enhance their academic performance.

Monday: 2/12-4/8 (7 classes for \$185)

Location: HES East House 3:15-4:30

Fee: \$185 for 7 classes

After School Programs: Weston Intermediate School

WIS Sports & Fitness

This tried and true after school programs combines fun and exercise. This class provides students an opportunity to run around and blow off some energy from the school day. All while playing classic and new PE games. This class is for all athletic levels and simply asks that its participants "try their best."

Time: 3:15-4:15

Monday: 2/12-4/8 (7 classes for \$185)

Tuesdays: 1/23-3/19 Wednesday- 1/24-3/27

Thursday-2/1-4/4

Location: WIS Gym

Fee: \$200 for 8 classes.

Instructors: Tom Ehret & Dan Ungar

*Program roster space is limited- do not

wait*

Weston Middle School

Volleyball Club

Volleyball Club is a great option for those who are interested in learning and improving their volleyball skills. Skills that will be taught are underhand passing, overhead passing, approaches for hitting, and underhand and overhead serving. Matches played daily, with coaching and skill improvement provided.

Time: 2:45-3:45 PM Location: WMS Old Gym

Monday: 2/12-4/8 \$175 for 7 classes

Pick Up- Basketball

After school pick-up basketball. Program is based on the idea that players have knowledge of the game- and are interesting in just playing basketball. This is not a skills and drills program- it's just like the playground- show up and play! This program is for boys & girls in grades 6-8.

Time: 2:45-3:45 PM Location: WMS Old Gym

Wednesday- 1/17-3/20 \$200 for 8 classes

Weston Youth Wrestling Weston Youth Wrestling

WESTON PARKS & RECREATION DEPARTMENT

LOCATION - CORNER 57 & NORFIELD RD. 47 NORFIELD RD.

9:00 a.m. – 12:30 p.m. and 1:30 p.m. – 4:30 p.m.

Tel. 222-2655 Website - www.westonct.gov

Weston Youth Wrestling - Grades K - 8

REGISTRATION: Online Registration: www.westonct.gov.

47 Norfield Rd. if space is available by check payable to "Town of Weston".

Early registration is encouraged and recommended. This program will fill up quickly. Prior to registration online make sure you have your Web Trac user I.D. and password set up. All family member information must be entered.

Please join us for Weston Youth Wrestling after school programs. These popular after school programs will focus on the sport of wrestling which follows the American Youth Wrestling program.

Who: Boys and Girls currently in grades K - 8.

(10 student minimum, 40 student maximum)

Where: Weston High School Old Gymnasium

Time: 3:30 pm - 4:30 pm Drop off no earlier than 3:15

(Weston Intermediate School students will meet in the main lobby after school and be walked

directly to the High School Gymnasium by a member of the coaching staff.)

Dates: Friday: March 1, 8, 15, and 22, **Weston High School Old Gym**

Fee: \$125, Payable to "Town of Weston"

Instructor: Head Weston Wrestling Coach Mario Federici



REGISTRATION BEGINS 3/4 10:01 P.M. IN-PERSON: 3/5 9 A.M.- 47 NORFIELD.

SUMMER CAMPS WILL RUN 5, I WEEK SESSIONS. STARTING ON JUNE 24 AND ENDING ON JULY 26. CAMPS FOR GRADES PRE. K- 8TH AVAILABLE!

WOW SUMMER PROGRAMS WILL BE AVAILABLE AS WELL- REGISTRATION DATE COMING SOON!

203-222-2655
WESTONCT.GOV/PARKSANDREC